

# from **Fear** to **Love**

Struggling with behavior problems?  
Walking on eggshells around  
angry and oppositional children?

If typical parenting strategies are not working with your children,  
maybe it is time to go. . .

## “Beyond Consequences, Logic & Control” A PARENTING CLASS

*You may already know that imposing consequences and controls can backfire with your child. But, you wonder what other options you have...and how to recover the pure love that inspired you to be a parent.*

*Here is your answer!*

*Although you cannot control an oppositional & defiant child, the good news is you can influence that child. As you learn to respond to the underlying needs of your misbehaving child you will begin to build a trusting relationship. You will learn how to ignore the behavior and connect with the child. Traditional parenting techniques do not recognize the fear, stress and shame that fuel negative behaviors. With your new insight you will be able to respond with compassion and love instead of fear and anger and your child will begin to respond with more positive behavior.*

**Course rate: \$350**  
**Contact me for more information.**  
**Discount if both parents take class.**  
**\$50 deposit (make check to Meredith Mustard)**  
**You may now pay by PayPal**  
**610-772-6950**  
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*New Class  
Begins:*

To Be Announced

Sunday afternoons  
1:00 pm to 4:00 pm  
(6 classes)

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THE INSTRUCTOR,  
Meredith Mustard is trained and certified  
by the Beyond Consequences Institute  
More information  
on this parenting approach can be found at:  
[www.beyondconsequences.com](http://www.beyondconsequences.com)